



# Building Futures Appeal



HASHIM  
WELFARE  
HOSPITAL

# Building futures Appeal

There is nothing quite like the gratitude of an elderly cataract patient who can finally see his grandchildren, or the joy of a relieved mother cradling her new-born baby.

## **Our vision**

The Hashim Welfare Hospital (HWH) was part of a dream to help people in rural areas access quality healthcare. In 2003, as the first patients walked through the doors, the dream finally felt like a reality.

## **Organic growth**

Since then we have expanded organically, developing clinical services around the needs of patients and relatives. In 15 years, the HWH has seen over 646,000 patients.

In recent years, as more people access our services, the Hospital has reached beyond its capacity with patients and families waiting outside during busy

periods. To meet these new challenges, and prepare for the future, we now need to extend the current buildings.

The extension plan is in four sections and includes; ground and first-floor in-patient wards, a diagnostics and theatre block, and an outpatients block with an auditorium. The estimated cost of the project is £500,000.

## **Building Futures Appeal**

Over the years, through the generosity and well wishes of donors, we have been given the chance to change lives.

Please support the Building Futures Appeal and join our dream to help build healthy futures for all.



## **Travelling miles for healthcare**

Mrs Anum Bibi, and her husband Waqas, are from Kot Jamal, in Azad Kashmir, a village about 50 miles from HWH. Finding trustworthy and accessible healthcare in Pakistan is difficult.

This wasn't their first visit; Mrs Anum had already been examined at HWH during her pregnancy and the couple were so happy with the service they received.

Mrs Anum was admitted on 29 March 2017 and gave birth to a beautiful baby boy via c-section.

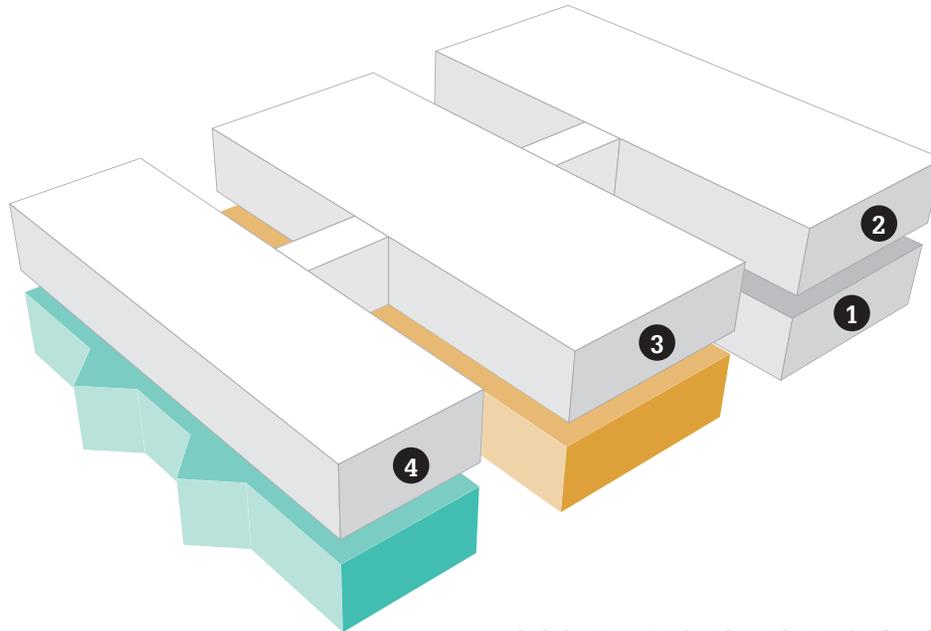


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We treated over 646,000 patients  
from June 2003 to December 2017

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# Phase 2 Development



## PHASE 1

 Out-patients/day surgery  
(completed 2003)

## PHASE 2

 Theatre and diagnostic block  
(partially completed 2010)

## PHASE 2: TO COMPLETE

- 1** Maternity and ENT .....
- 2** Surgical, medical and dialysis
- 3** Theatre and day surgery
- 4** Offices and auditorium

**COST PER SECTION: £125,000**

**TOTAL ESTIMATED COST: £500,000**

## EXAMPLE

Maternity and ENT

**Full section or 32 cubicles      £125,000**

Eight cubicles      £32,000

Double cubicle      £8,000

Single cubicle      £4,000

1 bed      £1,500

Locker and furniture      £500

# Maternity and ENT

Maternity care in Pakistan is inadequate with many pre and post-natal complications going untreated. There is also a high infant mortality rate due to a lack of accessible facilities.

## Mothers and babies at risk

According to World Health Organisation figures for 2015, infant mortality in Pakistan within the first seven days of life is a staggering 45 per 1000 births. Compared to UK, where the ratio is 2.4 per 1000.

Maternal deaths from complications in pregnancy or childbirth are 178 per 100,000.

## HWH maternity services

We began offering dedicated maternity services from January 2011. Since, then up to December 2017, we have treated 50,961 maternity patients, and helped deliver 7,008 babies.

The Hospital now urgently needs to expand the maternity department to cope with ever increasing demand. The new extension will

include a dedicated maternity ward, allowing mothers to stay in hospital longer if needed, with all the basic services under one roof.

## Ear, nose and throat (ENT)

With the help and support of our partners PAKISTAN - Hilfe zur Selbsthilfe e.V. (PHzS), a registered German charity focused on healthcare and education in Pakistan, we are dedicating part of the extension to an ear, nose and throat (ENT) department.

The service will include screening and treatment of hearing disabilities, particularly among infants and children. With early intervention we can help greatly reduce speech, language and learning issues which can develop if left unchecked.



## New baby brings joy after a tragic year

Mrs Afia Shahid, 29 is from Chack Bukhtawar, a village near HWH. Four months earlier her husband had died of renal failure, following a road traffic accident. A year earlier her first baby had died shortly after being born at a local hospital. Mrs Shahid was traumatised by her experiences and was fearful about the success of her pregnancy.

Mrs Shahid chose HWH to have her baby, via selective c-section. She was admitted on 7 April and gave birth to a healthy baby boy.

She was understandably tired but relieved, and praised the work of staff and doctors.



We treated 50,961 maternity patients and helped deliver 7,008 babies between Jan 2011 and Dec 2017

Help support our vital work and start building healthy futures today. Please contact: **07519 509 790** or visit: **hashimwelfare.org.uk**

# Surgical, medical and dialysis wards

Diabetes and cardiovascular disease are common amongst South Asians. These are also the two main causes of chronic kidney disease in the world.

## Current lack of facilities

Due to the high cost of healthcare, renal failure and associated conditions go undiagnosed and untreated in Pakistan. Poorer patients routinely ignore symptoms until treatment no longer becomes viable.

According to research by Karachi University in 2014, for a population of 180 million there were only 107 dialysis centres, treating almost 6,000 patients. Only 36% of these centres were government-run. The majority of kidney services were in expensive, private clinics and hospitals.

## New diagnosis and care services

With your support we want to provide a local kidney dialysis facility at HWH, alongside a new nephrology (kidney care) and urology department.

## Medical and surgical

Over the years cooperation between the surgical and maternity departments has been crucial in improving maternal and infant mortality.

The surgical team regularly carry out minor and intermediate surgical procedures and provided out-of-hours cover for emergency maternity surgery.

Our proposed medical department will include a consultant endocrinologist (diabetes), a cardiologist, a gastro-enterologist and a paediatrician.

The new facilities will allow us to continue to build our current specialities and provide a single place for healthcare for the local population and beyond.



## Prayers from a grateful family

Dr Idrees Awan, chairman of HWH (UK), visits the Hospital regularly. Here, he meets a cataract patient:

“Mrs Anayat Bibi and her family travelled from a village about 15 miles from HWH. Mrs Bibi had eye surgery the previous day. I met the family as nurses were about to remove her bandages.

After years of deteriorating eyesight, Mrs Bibi was overjoyed to finally see bright light in her eyes again. The family were extremely thankful and praised our staff and doctors.

These encounters give me joy and confidence that our work is actually making a difference.”

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With your support, we want to provide  
a local kidney dialysis facility at HWH

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# Theatre and day surgery

The Hospital started on a small scale, specialising in cataract day-surgery. This helped maximise donations and provided immediate benefit for patients and families.

## Responding to patients needs

By allowing our services to grow organically we were able to focus on the most pressing needs of patients. This meant that donations were making tangible differences on the ground as cataract operations could be carried out as day-surgery cases.

Over the years the number and types of procedures carried out in the theatre have increased, especially with the very busy maternity department which we began in 2011.

## On-site diagnostics

After the outpatients department, the diagnostic department has always been the busiest. This is the case for any busy hospital. We have tried to carry out the

majority of diagnostic tests in-house. These include various types of blood tests, ultrasound scans during pregnancy, x-ray, and ECG tests for heart disease.

## Expanded theatre department

Historically, we were referring complex cases to state hospitals. With new facilities, we hope to ease the burden of travel for as many patients as possible so that more of their healthcare needs can be met in one place.

Moving forward, we are planning for an increase in minor surgery, family planning procedures, endoscopies, and urological cases.

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## Finally Seeing the world again

It was the second day after her cataract surgery when 75 year old Safia Begum, accompanied by her son Mohammad Choudary and daughter Saima Choudary, returned to HWH to have her dressing finally removed. It was a completely new experience for her after living with little or no sight and Mrs Begum and her children were overjoyed with the results.

Mrs Begum told us that many people from her village, Ghiyal Zail in Sarai Alamgir, had used the services of HWH for eye procedures and the hospital came highly recommended.

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# Offices and auditorium

As the Hospital has grown so has the need for improved administration and teaching space. Our long-term goals include helping young, local people take an active role in HWH.

## Current hospital office

At present, most administrative duties, including patient record keeping, finance and patient liaison, are carried out in a small room within the original hospital building. This is a busy thoroughfare, next to the main entrance.

## A safe, multiuse space

The new offices will be used to store patient records and accounts and provide a dedicated space for staff to better deal the day-to-day running of an increasingly busy hospital.

## Auditorium

The auditorium will be used to hold meetings, host visitors and carry out health education and training programmes.

## When do we think of the less fortunate?

- Ramadan, Eid-al-Fitr, Eid al-Adha?
- Birthdays, weddings, anniversaries?
- Remembering those no longer with us?

## Good to know

We accept Sadaqah, Zakat al-Fitr, and donations for deceased loved ones. You can even bequeath a gift to the Hospital in your will or trust, and leave a truly lasting legacy.



## Ways to support the Building Futures Appeal

### Donate by bank transfer

Reference: hwh-bfa  
Account: 16167570  
Sort code: 60-24-20

### Donate by post

Send cheques (payable to Hashim Welfare Hospital Appeal) to:  
Building Futures Appeal  
HWH, 103 Walton Rd  
Woking, Surrey GU21 5DW

### Monthly standing order

Please contact **07519 509 790** or visit: **hashimwelfare.org.uk**

### Donate now with JustGiving

Scan the QR code, to securely donate on our JustGiving page, or use the address below:



[www.tinyurl.com/hwh-bfa18](http://www.tinyurl.com/hwh-bfa18)



The new block will provide training, administration, and education space

# Another way to **support our work**

Regular monthly donations are a simple, worry free way of giving. You can stop at any time and no amount is too little.

**£20/month** (Rs3,000)

Pay for a normal delivery and give the gift of life.

**£30/month** (Rs4,500)

Pay for a cataract operation and can give the gift of sight.

**£60/month** (Rs7,500)

Pay for a c-section or surgical operation and give the gift of life.

**£120/month** (Rs15,000)

Pay for a nurse and help hundreds of patients in a month.



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